



WellPointe

SLEEP DIAGNOSTIC CENTER

The WellPointe Sleep Center staff looks forward to meeting and working with you! We would like to briefly explain what to expect on the night of your sleep study.

- Where:** 1701 South Blvd., E, Suite B-25, Rochester Hills, MI 48307. During your stay, we will be monitoring your sleep in a specially designed room similar to a hotel room. A map to the center can be found on the website.
- When:** Plan to be at the center from your scheduled appointment time until 7:00 AM the following morning. In most cases, early wake times can be accommodated. If you are a shift worker, call the sleep center to arrange special sleep times.
- Bring:** Whatever you may need to prepare for bed and for work the following morning, as well as, all your medications. As a matter of personal preference, you may want to bring your own pillow. The center has WIFI and TV's available.
- Cancellations:** It is important that you understand that WellPointe Sleep Center operates on a very precise schedule. We have specially trained technicians scheduled to work with you. **We ask if you find it necessary to change or cancel your study, that you give us at least a 48-hour notice.** If you contract a significant head cold within 2 days of your study, please notify us immediately.
- Questions:** If you have any questions, feel free to contact a sleep center representative at (866) 693-7360. You are welcome to visit the sleep center prior to your study.

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