



Sleep Diagnostic Testing and Treatment Process

- 1. Schedule a consultation with the sleep physician**
- 2. If medically necessary, the sleep physician will order a sleep test**
- 3. The sleep center verifies insurance coverage and secures any necessary authorization**
- 4. The sleep center will contact you to set up a testing date**
- 5. The sleep physician will review the test results and send an interpretation report to your physician**
- 6. The sleep center will contact you with your test results (generally within 10 business days)**
- 7. If you test positive, the sleep physician will recommend a treatment therapy, either CPAP or an oral appliance**
- 8. The sleep physician will provide a prescription to the sleep center to be forwarded to a Durable Medical Equipment (DME) company of your choice**
- 9. If CPAP is ordered, you will be contacted by the DME within 7 business days to schedule your set up and training**
- 10. The DME will work closely with you to ensure that your treatment is successful**
- 11. Patient will contact the sleep center at (866) 693-7360 to request a consultation appointment with the sleep physician within 90 days of the initiation of their treatment (insurance requirement)**
- 12. Following an annual consultation, the sleep physician will provide a Letter of Medical Necessity to allow you to order supplies, etc. throughout the year to your DME**

If you have any questions please call (866) 693-7360